

Creating Community



Wellness Society

2021 Annual General Meeting

CCWS immediately following VHC

2:30 – approx. 3:30pm Saturday, January 30th, 2021

VIRTUAL MEETING VIA ZOOM: <https://us02web.zoom.us/j/83815816623>

Looking Ahead - CCWS in 2021 and beyond

The CCWS will continue to work in three main areas:

- Carrying out its own work, primarily in the area of researching the work of community-based services that focus on optimizing health and wellness as described by the World Health Organization as the human right to “a positive aspiration to be in a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.”
- Supporting the work of the VHC, especially as it continues to provide services while under COVID restrictions, and continues to work towards acquiring permanent space at the Cook Street Village Activity Centre (CSVAC), and establishing permanent services there.

This includes working with the VHC to support Wellness Practitioners Members to conduct their services, enable residents of our community to find our wonderful, highly qualified, peer-evaluated, effective practitioners, and to provide good outreach for the Practitioners.

- Supporting organizations with compatible objectives, partnering with them to implement programming and providing funding guidance where needed.

Resources needed:

- **Governance:** we would welcome additional board members, to replace those who have left due to some major life changes - our aim is to separate the governance of the VHC and the CCWS more clearly, and with more variety.

Specific roles needed this year are an assistant Treasurer, who could be, but does not have to be, on the Board, to support our Treasurer as needed throughout the year.

- **Additional funding support:** We hope to achieve this with the help of some new Board members or volunteers who have established fundraising connections and grant writing experience. We are also looking to increase our activity in fundraising campaigns and planning an auction or other type of fundraising event, which will require approaching local donors, individual or organizational, for support. We hope to create an active Fundraising Committee between CCWS and VHC volunteers.

We thank everyone who has contributed their time, energy, and expertise over the past year and already in 2021. We are looking forward to what we can accomplish this year, with more support and new ideas from our community - **collaboration** will be our focus in 2021 and beyond.