

Creating Community



Wellness Society

2021 Annual General Meeting

CCWS immediately following VHC

2:30 – approx. 3:30pm Saturday, January 30th, 2021

VIRTUAL MEETING VIA ZOOM: <https://us02web.zoom.us/j/83815816623>

CCWS in 2020 - Work Review

2020 was a year of considerable financial stress for many people including some who had lost jobs, some seniors who incurred extra costs in order to be able to volunteer from home, and for many who have been nervous about potential or future financial hardship. Despite all this, our community continued to support the CCWS.

We are very appreciative of this support as it has enabled the Boards of CCWS and Victoria Health Co-op, together as a Fundraising Committee, to identify projects of interest and commit the time and effort needed to submit funding proposals for these community-focused projects.

Activities

In early February 2020, the Creating HEART program was completed. This program coordinated interviews that took place between October 2019 and January 2020 and provided valuable research and information for the volunteer sector. The research report was completed by Joyce Rankin and Vanessa Hammond.

The CCWS has also been able to support the work of the Victoria Health Co-op in transitioning from services that were primarily hands-on, in-person to either well-spaced group presentations at the Cook Street Activity Centre (CSVAC) and currently almost entirely on Zoom. These No-Touch-Wellbeing sessions have been both challenging and satisfying and have covered a very wide range of topics.

The CCWS has also supported the VHC to continue to advocate for space in the CSVAC and for additional funding so that we can bring in Nurse Practitioner or similar primary care services.

In late 2020, we coordinated a new “Choices for a Healthy Lifestyle” program for a small group of participants at Our Place. This began in the middle of January 2021 and will run for 6 weeks.

Funding & Donations

The CCWS submitted proposals to several funding organizations in 2020. We are awaiting response from our 2020 proposal to New Horizons for Seniors Program (NHSP) to support Intergenerational Mentoring. The objective is to pair youth and seniors to learn using technology, avoiding financial scams and to share stories.

In 2020, we also applied to the BC Community Gaming Grant to deliver a COVID-19 adapted Hans Kai program in 2021, as well as the Hamber Foundation for funding to create a digital platform to connect social service co-ops in BC. Sadly, both proposals were rejected.

For some good news, although this did not happen in the 2020 calendar year: In early January 2021 we were approached by Heirloom Linens, a local shop in Broadmead village to participate in a fundraising campaign. The CCWS was chosen for the February 'Charity of the Month', a personal initiative by Heirloom Linens, who has a longstanding track record of fundraising charitable giving. We are grateful to be a part of this fundraising initiative. At the end of February, we will receive a minimum donation of \$500 or more, based on the sales of their featured "benefit" item. Please check out our social media account for more details on this exciting offer.